# SCHOOL YEAR

SCHOOL SUPPLY LISTS

Clarendon &

Hedley lists pg. 12-13 JULY 2013 SPECIAL SUPPLEMENT TO

THE CLARENDON ENTERPRISE

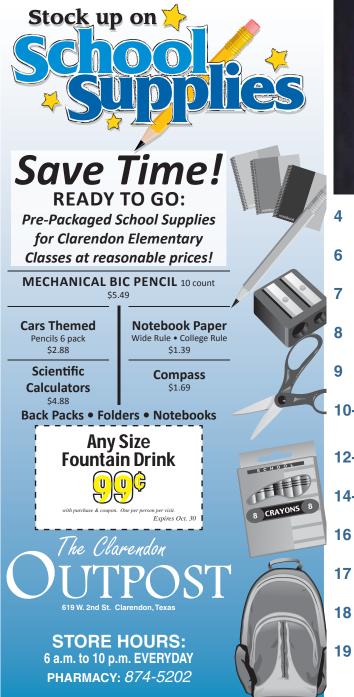
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Bronco & Owl Schedules School Calendars Sales Tax Holiday Tips To Improve Testing





- Early Warning Signs of Bullying
- Save Big During Sales Tax Holiday
  - Sharing More Than A Classroom
  - Encourage Kids To Read
- **Connecting With Social Media**
- 10-11 Clarendon/Hedley School Calendars

### 12-13 SCHOOL SUPPLY LISTS

- 14-15 Bronco & Owl Football Schedules
- 16 Positive Homework Environments
  - Improving Test Taking Skills
  - Build Parent-Teacher Relationships
  - Student Subscription Savings



### **CLARENDON CISD**

**Registration for students already enrolled** in Clarendon CISD will be on Monday and Tuesday, August 12 & 13, from 6:00 - 9:00 p.m. in the Cafeteria.

**Registration for students new to the district** will be on Wednesday, August 14, in each school campus office from 8:30 a.m - 12:00 p.m. and 1:00 - 3:30 p.m. **Clarendon classes begin August 26.** 

### **HEDLEY CISD**

**Registration for students attending Hedley CISD** will be held on Tuesday, August 13, 2013, from 10 a.m. to 6 p.m. and Wednesday, August 14, 2013, from 10 a.m. to 6 p.m. **Hedley classes begin August 26**.

### **CLARENDON CONTACT INFO**

Administration	874-2062
High School	874-2181
Junior High	874-3232
Elementary	874-3855
Band Hall	874-2562, Ext. 237
Field House	874-2562, Ext. 240

### www.ClarendonISD.net

Clarendon CISD Board of Trustees Wayne Hardin, President Reneé Betts • Robin Ellis • Wes Hatley Chuck Robertson • Weldon Sears • Jim Shelton

### **HEDLEY CONTACT INFO**

Hedley School 856-5323

### www.HedleyISD.net

Hedley CISD Board of Trustees Dana Bell, President Aaron Harper • Mark Howard • Lana Ritchie Tonja Ruthardt • Ted Wright • Karen Watt

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### EARLY WARNING SIGNS OF BULLYING

Children grow and develop their personalities in various ways. While many youngsters are teased or receive some good-natured ribbing at some point in their school careers, some teasing can eventually turn into bullying.

The National Education Association estimates that 160,000 children miss school every day due to fear of attack or intimidation by other students. Furthermore, more than 70 percent of students report incidents of bullying at their schools. Although children in lower grades have reported being in more fights than those in higher grades, there is a higher rate of violent crimes in middle and high schools than in elementary schools. According to the association Make Beats Not Beat Downs, harassment and bullving have been linked to 75 percent of school shooting incidents.

I

Bullying can take many forms, and learning the warning signs as a parent can help prevent harassment and potentially dangerous situations.

Verbal: If your child reports being called names, being the recipient of racist, sexist or homophobic jokes, or being spoken to in an offensive or suggestive way, this can be a form of verbal bullying.

Cyber: Social media, email and text messaging has become a way for bullies to spread malicious messages or photos. In the era of digital media, this type of bullying has increased considerably.

Physical: Some bullies engage in physical attacks, including hitting, kicking, spitting, or other forms of physical confrontation. Destroying personal property also is considered physical bullying.

Indirect: Gossiping and spreading nasty rumors about a person is another form of bullying. This type of bullying may go hand-in-hand with cyber bullying.

#### SIGNS YOUR CHILD IS BEING BULLIED

Parents can recognize certain signs that their child is being bullied at school. Bullied children frequently make excuses to avoid going to school. While the desire to stay home is something many children may express, those who are bullied may do so much more frequently. Bullied children tend to avoid certain places and may be sad, angry, withdrawn, or depressed. They may have trouble sleeping or experience changes in appetite, and bullied youngsters' academic performance may suffer. Also, parents may notice that children return from school missing some of their belongings.

#### SIGNS YOUR CHILD IS THE BULLY

Parents may not want to imagine their children bullying other students, but bullies do exist. Children who bully other kids have strong needs for power and negative dominance. They may find satisfaction in causing suffering to others. Some signs that your child may be a bully include:

- \* easily becoming violent with others
- \* having friends who bully others
- \* blaming others quickly
- \* comes home with belongings that do not belong to him or her
- \* getting in trouble with teachers or school administrators
- \* picking on siblings
- \* not accepting responsibility for actions

There are ways parents can teach their children to act properly when faced with a bully. First, parents should explain that bullying is not the child's fault and he or she does not deserve to be picked on. Next, parents can let children know that being assertive but not violent with bullies may diffuse the situation, as some bullies thrive on the fear of their victims. If the bullying behavior continues, the student should speak to an adult or authority figure.

Parents of bullies may need to be especially mindful of their children's behavior. Counseling could be necessary to determine what is compelling kids to bully other students.

#### THE CLARENDON ENTERPRISE • JULY 25, 2013 • SCHOOL YEAR 5

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### Financial Aid available for those who qualify.

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### TEXANS CAN \$AVE BIG DURING SALES TAX HOLIDAY August 9 - 11

In 2013, Texas shoppers get a break from state and local sales taxes on Aug. 9, 10 and 11 — the state's annual tax holiday. Lay-away plans can be used again this year to take advantage of the sales tax holiday. As in previous years, the law exempts most clothing, footwear, school supplies and backpacks priced under \$100 from sales and use taxes, which could save shoppers about \$8 on every \$100 they spend.

### **CLOTHING & FOOTWEAR**

Retailers will not be required to collect state and local sales or use tax on most footwear and clothing that are sold for less than \$100 during the holiday. The exemption applies to each eligible item that sells for less than \$100, regardless of how many items are sold on the same invoice to a customer. For example, if a customer purchases two shirts for \$80 each, then both items qualify for the exemption, even though the customer's total purchase price (\$160) exceeds \$99.99.

The exemption does not apply to the first \$99.99 of an otherwise eligible item that sells for more than \$99.99. For example, if a customer purchases a pair of pants that costs \$110, then sales tax is due on the entire \$110.

The exemption also does not apply to sales of special clothing or footwear

that the manufacturer primarily designed for athletic activity or protective use and that is not normally worn except when used for the athletic activity or protective use for which the manufacturer designed the article. For example, golf cleats and football pads are primarily designed for athletic activity or protective use and are not normally worn except for those purposes; they do not qualify for the exemption. Tennis shoes, jogging suits and swimsuits, however, are commonly worn for purposes other than athletic activity and thus qualify for the exemption.

Additionally, tax is due on sales of accessories, including jewelry, handbags, purses, briefcases, luggage, umbrellas, wallets, watches and similar items.

The sales tax holiday exemption does not extend to rental of clothing or footwear; nor does it apply to alteration or cleaning services performed on clothes and shoes. These items continue to be subject to state and local sales or use tax.

#### BACKPACKS

Backpacks under \$100 and used by elementary and secondary students are exempt. A backpack is a pack with straps one wears on the back. The exemption during the sales tax holiday includes backpacks with wheels. provided they can also be worn on the back like a traditional backpack, and messenger bags. The exemption does not include items that are reasonably defined as luggage, briefcases, athletic/ duffle/gym bags, computer bags, purses or framed backpacks. Ten or fewer backpacks can be purchased tax-free at one time without providing an exemption certificate to the seller.

### SCHOOL SUPPLIES

Texas families also get a sales tax break on most school supplies priced at less than \$100 purchased for use by a student in an elementary or secondary school.

The following is an all-inclusive list of qualifying school supplies (if priced less than \$100):

- Binders
- Book bags
- Calculators
- · Cellophane tape
- · Blackboard chalk
- Compasses
- · Composition books
- Crayons
- Erasers
- Folders; expandable, pocket, plastic, and manila
- Glue, paste and paste sticks
- Highlighters
- Index cards
- Index card boxes

Legal pads

- Lunch boxes
- Markers (including dry erase markers)
  Notebooks
- Paper; loose leaf ruled notebook paper, copy paper, graph paper, tracing paper, manila paper, colored paper, poster board, and construction paper
- Pencil boxes and other school supply boxes
- · Pencil sharpeners
- Pencils
- Pens
- Protractors
- Rulers
- Scissors
- Writing tablets

No exemption certificate is required - with one exception. If the purchaser is buying the supplies under a business account, the retailer must obtain an exemption certificate from the purchaser certifying that the items are purchased for use by an elementary or secondary school student. "Under a business account" means the purchaser is using a business credit card or business check rather than a personal credit card or personal check; being billed under a business account maintained at the retailer: or is using a business membership at a retailer that is membership based.





#### THE CLARENDON ENTERPRISE • JULY 25, 2013 • SCHOOL YEAR 7

### CHILDREN SHARE MORE THAN JUST A CLASSROOM AT SCHOOL

School-aged children spend several hours per day in the classroom in close proximity to one another. That proximity means that, in addition to sharing their time in the classroom, students often share their illnesses.

Many parents understand that kids may come home from school with more than just homework. Communicable diseases and parasites may accompany kids home, and while every sniffle or fever cannot be prevented, there are ways parents can reduce their child's risk of coming home from school with an ailment passed on by a classmate. The first step toward reducing that risk is understanding some of the more common ailments.

#### LICE

Few children survive school without enduring at least one outbreak of lice. Lice are tiny parasites that feed on the blood of their hosts. Head lice are about two to three millimeters in length (about the size of a sesame seed). A female louse can produce between seven and 10 eggs, known as nits, per day. The nits will hatch and repeat the process of the adults.

Having lice is not an indication of poor hygiene. It just means you have come into contact with someone with lice and have contracted the parasite. Sharing brushes, pillows, hats, and head-to-head contact with someone who has lice facilitates transmission.

Many old wives' tales discuss how to keep lice from getting into the hair. None of these methods are necessarily effective. Should lice climb aboard, it is essential to remove all of the nits and adult lice through careful combing and to reduce the numbers of lice until they die off. In extreme cases, a doctor may recommend a medicated shampoo.

#### MONONUCLEOSIS

The Mayo Clinic says infectious mononucleosis, commonly shortened to "mono," is known as the kissing disease. Epstein-Barr virus, the virus that causes mono, is transmitted through saliva. It can be spread through kissing, but also by sharing cups and straws or if saliva is expelled through sneezing or coughing. Symptoms of mono include fatigue, sore throat, fever, swollen lymph nodes, and a soft, swollen spleen. Mono is not often serious and is even less communicable than the common cold. However, it is adviseable to keep a child home from school until symptoms have subsided. There is no specific method to treat mono, but doctors may suggest a combination of bed rest, pain relievers and drinking plenty of water and fruit juices.

#### **ORAL HERPES**

There is a lot of confusion about herpes circulating because two similar viruses are commonly mistaken for each other. Most of the cases of oral herpes result from the virus herpes simplex 1, or HSV-1.

According to the organization Herpes Online, the oral outbreak of herpes forms cold sores or fever blisters on the lips or inside of the mouth. While these blisters -- and the HSV-1 virus itself -- can be spread through kissing, most young children are diagnosed with oral herpes after they have contracted it through the sharing of utensils. Sometimes parents inadvertently pass herpes on to their kids when they kiss them goodnight.

Generally speaking, oral herpes is most contagious when a lesion or blister is present. When scabs have healed and there is no other symptom of the condition, then a person is much less likely to pass the virus to someone else. When a blister is present, the affected person should wash his or her hands frequently and avoid touching the lesion.

#### STREP THROAT

A child will get strep throat when he or she comes in direct contact with saliva or fluids from the nose of an affected person, says the National Institutes of Health. Strep throat is usually caused by group A streptococcus bacteria. It is most common in children between the ages of five and 15.

Once a person comes in contact with the bacteria, he or she may begin to feel sick two to five days later. Chills, AN DOL a sore throat, trouble moving the neck, and difficulty swallowing are some of the more common symptoms.

strep can mimic a viral

sore throat, most doctors will take a throat culture to confirm diagnosis. Should the bacteria be present, antibiotics will be prescribed for treatment. A doctor will advise when it is safe for a child to return to school.

### MENINGITIS

Meningitis is the inflammation of the protective membranes covering the brain and spinal cord, known as the meninges. There are five types of meningitis: bacterial, viral, parasitic, fungal, and noninfectious. The severity of the illness and the treatment depends on the cause. The most widely known types of meningitis are bacterial and viral. Both are contagious, but bacterial meningitis can be lifethreatening and requires immediate medical attention.

Meningitis can be spread through exchange of respiratory and throat secretions. People who have viral meningitis find it is a less severe form and does not become serious so long as their immune system remains strong.

Symptoms of a meningitis infection may include a sudden onset of fever, headache and stiff neck. Nausea, vomiting and altered mental status are also symptoms. Samples of blood or cerebrospinal fluid are collected to test for the cause of the meningitis to begin prompt treatment.

Spending time in close proximity with other students increases the spread of communicable diseases among students. Knowing the symptoms of various communicable diseases can help parents quickly recognize an ailment.



Burger, Chips 20 oz drink

Grilled Ham &Cheese, French Fries 20 oz drink

Wednesday 1/3 pound Burger, Chips 20 oz drink

<u>Thursday</u> 2 slices of pizza, 20 oz drink

<u>Friday</u> 2 Catfish Fillets, French Fries 20 oz drink

\*price subject to change



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### **HOW TO ENCOURAGE KIDS TO READ**



Youngsters who have their own library cards might be more excited about visiting the library and more likely to develop a love of reading.

Reading can have a profound impact on a child's life in and out of the classroom. Reading can help a young student develop a more extensive vocabulary, and a study from the Federal Interagency Forum on Child and Family Statistics found that reading to young children promotes language acquisition, making it easier for them to learn a foreign language. That's a significant advantage for children growing up in a world that's increasingly global.

But reading has benefits outside the classroom as well. Reading can provide an escape from the daily grind, which is something even today's youngsters can appreciate. Reading also is a great way for kids to relax and unwind while simultaneously giving their brains a workout.

While many parents recognize the impact reading can have on their children, it's no secret that getting kids to embrace reading can be difficult. Distractions such as video games, social media and even the great outdoors are all there to draw kids away from reading. But parents who want to instill a love of reading in their children can still take steps to ensure their kids don't miss out on the benefits of a good book.

\* Read to vour children. Numerous studies have discovered various benefits of reading to children when they are young. The National Center for Education Statistics notes that children whose parents read to them typically become better readers and perform better in school. Reading to children early on is the first step toward fostering a love of reading kids will develop and continue throughout their lives. Many parents read to their

children at night before bedtime, but any time of day will suffice.

\* Don't be discouraged if kids are not interested in books. While reading fiction can help develop a youngster's imagination, parents should not be discouraged if kids don't want to read books. Reading the newspaper, magazines and even comic books can help kids develop strong reading skills and an extensive vocabulary and, in the case of comic books, inspire their imaginations. Young sports fans might be more inclined to read the sports page than a novel, so let them do so. Kids are more likely to embrace reading if what they're reading interests them, so encourage kids to read up on those interests, even if that reading does not involve picking up a book.

\* Get your youngster his or her own library card. Thanks to the popularity of e-readers, many adults would be hard pressed to locate their local library is a great way to encourage kids to read, especially if kids have their own library cards. Kids with their own library cards tend to look at visits to the library as shopping trips where they get to make their own choices about what they're taking home with them. And once kids reach a certain age, they can visit the library on their own.

\* Share your own reading experiences with children. Kids look up to their parents and often want to mimic their behavior. So parents can set a good example by reading as well. On trips to the library, check out your own book. While you might not want to discuss every book you read with your children, discuss the books they're reading. Chances are you read many of those same books yourself when you were a child, and discussing books with your child is a great way to improve his or her reading comprehension.

Distractions abound for today's youngsters, who might not embrace reading as readily as they do video games or social networking. But parents can take many steps to instill a love of reading in their kids that will last a lifetime.



### PARENTS CONNECTING WITH SOCIAL MEDIA



Parents are increasingly relying on social media sites to communicate with others and learn about school happenings.

There is a power outage, and your child's school is dismissing students early, requiring you to arrive quickly for pickup. Your kid will not be left waiting for you because you got this information immediately after a quick log-in to the social media site you use to connect with other parents. Some other parents may be delayed in receiving this important information because they rely on phone alerts.

Social media has changed the way people communicate. Whether through tweets or status updates, information shared through social media avenues is often instantaneous and can reach a large number of people, which is why many parents have turned to social media to learn about events at school.

According to a study by Nielsen McKinsey Company, parents are more likely than adults without children to play games, engage in creative pursuits, and look for entertainment on Facebook, blogs and other social sites. The data collected from 2.000 adults (both parents and nonparents) who frequently use social media found 88 percent of users rely on social networking sites for communicating with family and friends. The next most popular activity is connecting with new friends, followed by accessing product reviews and online entertainment. Reports show that adults devote a quarter of their time spent online to social media sites. Parents, in particular, are finding new ways to put these sites to use.

Social media is helping parents in a

variety of ways, even enabling them to keep an eye on their children when they go online. According to a survey from Laptop magazine, 55 percent of parents are using social media to watch their kids' online activities. Of that 55 percent, one-fifth indicated they only use social media to monitor their child's online activity.

However, social media has other handy purposes. Many parents use it as they would a bulletin board -- posting all types of information. Some parents use social media to stay abreast of school happenings, asking questions about when fundraiser money is due or if anyone got the spelling words for the week. Others find it is a good way to meet parents or speak with the parents of their child's classmates. Some moms and dads use it to set up parents' nights out, or ask for recommendations on contractors.

Parents also use social media to invite people to special events, including birthday parties. Others can see who was invited and decide if they're going to come, too.

More parents are turning to social media sites for advice and information, to stay in touch or simply to share a good laugh.





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Clarendon Insurance Agency



### LARENDON CALENDAR . . . . . .

SIX-WEEK PERIODS

August 26 - October 4	30 days
October 7 - November 15	30 days
November 18 - January 10	28 days
January 13 - February 21	29 days
February 24 - April 11	30 days
April 14 - May 30	33 days
	180 days





Registration - August 12 & 13; New Students - August 14 Graduation - May 30 Early Release Dates: November 27; December 20; May 29 & 30

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## HEDLEY CALENDAR

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12 SCHOOL YEAR • JULY 25, 2013 • THE CLARENDON ENTERPRISE

### OOL SUPPLY LISTS **S( H**)

3-folders with pockets (no brads,

### **CLARENDON** PRE-KINDERGARTEN

1-pair scissors (Fiskars brand) 1-box of 8 large primary colored cravons 1-box of 10 primary color, washable markers 4-alue sticks 1-Elmer's school glue, small 1-plastic box to hold supplies 1-spiral notebook 1-plastic folder (more durable and lasts longer) 1-hox of Kleenex 1-water color set, primary colors 1-small backpack, no rollers nlease 1-container of wet wipes for cleaning hands/face 1-bottle hand sanitizer (boys) 1-container Clorox wipes (girls) 1-complete change of clothing including socks & underwear with student's name labeled on all items

KINDERGARTEN 1-small school box (8" x 6")

1-box of 16 crayons (basic colors, standard size) 1-pair scissors (Fiskars brand) 1-Elmer's school alue white only 1-box of #2 standard pencils (yellow, sharpened) 1-box of 8 large markers (broad line, classic colors) 2-spiral notebooks 4-plastic two-pocket folders 1-box of Ziploc bags (boys – gallon, girls - quart) 1-4 pk dry erase markers 1-pull-top water bottle 1-water color set 1- large towel for resting (no mats please) 10-alue sticks \$1.50 for AR folder FIRST GRADE

#### 2-large box tissues 12-six-sided #2 pencils (yellow) 1-box of 24 crayons 8-glue sticks 2-Elmer's school glue 2-pkgs dry erase markers, 4 colors / pkg 1-water color set

1-box of 8 washable markers 5-folders with pockets 1-school box 2-spiral notebooks (70-80 page, 10 1/2" x 8") 1-pair scissors (Fiskars) 1-paint shirt 1-water bottle (pull-top) 1 -backpack 1-box Ziploc bags (quart or gallon) 1-ruler with inch and centimeter \$1.50 for AR folder SECOND GRADE

2-erasers

#### Please put student's name on each item 12-#2 pencils 1-box colored pencils 1-set of watercolors 2- pink erasers 2-Elmer's glue (white only) 4-glue sticks 1-box crayons (24 ct.) 1-pair scissors (Fiskars brand for kids)

1-school box (small only)

2-boxes tissue

plain and inexpensive) 3-spiral notebook - single subject 1-box markers (broadline, primary colors) 4-red pencils \$1.50 for AR folder Please do not send 3-ring binders/notebooks

#### THIRD GRADE

Please put child's name on each item 1-pkg. red pencils / pens 1-box of 12 map pencils 2-pkg. #2 pencils 1- pink eraser 1-pkg, notebook paper (regular width lines) 3-folders with pockets 1-box Crayola brand crayons 1-box Crayola brand markers 1-pair Fiskars brand pointed school scissors 3-boxes tissue (large) 1-ruler (with inch and centimeter markings) 1-Elmer's glue (white only) 2-glue sticks

1-box Ziploc baggies (quart or gallon) 1-school supply box (small) 1-3-ring binder not to exceed 1 1/2 inches in width 1-pouch to be kept in 3-ring hinder 4-one subject spiral notebooks \$1.50 for AR folder

#### FOURTH GRADE

Please put child's name on each item 1-three-ring binder, no larger than 2" 1-pkg. loose leaf notebook paper 4-folders with pockets & holes for inserting in binder 1-small spiral notebook 8- #2 pencils (NO MECHANICAL) 1-pair scissors (Fiskars brand for kids) 1-Elmer's school glue 1-large glue stick 1-hox crayons 1-12" wooden ruler with metric markings 2-red nencils 1-pencil bag with zipper & holes

for inserting in binder 2-boxes of tissue 1-box markers 1-box colored pencils 1-eraser \$1.50 for AR folder

#### FIFTH GRADE

1-pkg. loose leaf notebook paper 10-#2 pencils 1-box of map pencils 6-highlighters, multicolored 1-eraser 1-pkg Post-It page markers 1-pencil bag (no boxes please) 1-pair medium scissors 6-alue sticks 1-12" ruler 2-boxes of tissue 1-box colored markers 2-spiral notebooks 2-folders with pockets and fasteners 3-100sheey/200 page wide ruled composition books 1-1" binder (no big binders nlease) 1-pkg pocket dividers \$1.50 for AR folder

CLARENDON JR. HIGH Math – Box of pencils 2 Composition Books 1 Two-pocket braded folder English – Pens Pencils Notebook (doesn't have to be a separate one- can be the one they use for everyone else) Science- Gallon Size bags (box) Black or blue pens Composition Book - only for this class Expandable file to be shared with other classes Red pen/pencil Colored pencils Bottle of Glue Notebook paper Reading – Markers Scissors Pencils Red Pens Black or blue Pens 1 Composition notebook 2 - Folders with pockets Expandable File Folder to be used in multiple classes (No 3 ring binder for Reading Class)

### From the First Day to the Last...

Welcome Back, Students!

2,4,6,8, who do we appreciate? Our wonderful students, faculty and staff!

We wish all of our local students a safe. successful and enjoyable school year.

> Call 874-3554 or Toll Free 800-766-2089 Hwy 287 West • Clarendon, Texas

we wish every student a happy and successful year!



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#### THE CLARENDON ENTERPRISE • JULY 25, 2013 • SCHOOL YEAR 13

## SCHOOL SUPPLY LISTS

### HEDLEY

#### PRE-KINDERGARTEN

2 box of Kleenex 1 box Ziplock bags 1 small school box 2 box 8 count Crayola Crayons 1 box 24 count Crayola Crayons 1 box #2 pencils, 24 count 2 plastic folders with pockets (no brads) 1 spiral notebook 8 small glue sticks \$ 5.00 for Clifford Maqazine

#### KINDERGARTEN

2 boxes of Kleenex 1 box Ziploc bags 1 small school box 2 box 8 count Crayola Crayons 2 box 24 count Crayola Crayons 1 box of #2 pencils, 24 count 2 folders with pockets, no brads 1 pair scissors, Fiskars 8 small que sticks 1 spiral notebook \$5.00 for Weekly Readers

#### FIRST GRADE

1 small school box 2 boxes of No. 2 Pencils/ 12 ct. 2 boxes of 24 count crayons 2 glue sticks 1 5" blunt (Fiskars) scissors 1 plastic ruler 1 package of pencil top erasers 3 wide ruled spirals/one subject 8 green pocket folders with brads 2 boxes of Kleenex

#### SECOND GRADE

3 pocket folders with brads 1 small school box 1 box of 24 count crayons 1 package of markers 1 (Fiskar) scissors 2 glue sticks 1 bottle Elmer's glue 24 #2 pencils 3 boxes of Kleenex 1 package of pencil tip erasers 1 package wide ruled notebook paper 1 box gallon Ziploc bags 1 box quart size Ziploc bags 1 large container disinfectant wipes \$5.00 for Weekly Reader

#### THIRD GRADE

Small school box 12 #2 pencils 3 red grading pens 1 box crayons 1 box markers 1 box map colors Scissors 4 glue sticks 6 folders with pockets and brads 1 package pencil tip erasers 2 large boxes of Kleenex 1 package wide rule notebook paper 5.00 for Weekly Reader magazine

#### FOURTH GRADE

Notebook paper (wide rule) 6 pocket folders with brads 1 spiral notebook 12 #2 pencils 3 red grading pens or pencils 1 box of map colors 1 box rayons 1 box of markers Glue 1 zippered school bag or school box Scissors 3 large boxes of Kleenex \$5.00 for Time for Kids

### FIFTH GRADE

Scissors 2 glue sticks 1 small bottle of Elmer's school glue 6 folders with pockets and brads (various color if possible) 1 box washable markers 1 box colored penciis (long colored penciis) 2 pkg. notebook paper (wide rule only) 2 spiral notebook (appx. 70 pages each) 2 red pens 2 pens (black or blue) 12 #2 pencils 3 large boxes of Kleenex 1 12" ruler with inches & centimeters (wooden or hard plastic) 1 pencil box or pencil zipper bag 1 small clear water bottle (optional) 1 big eraser 1 pencil sharpener with cavity for shavings 2 yellow or light colored highlighters \$5.00 for Time for Kids subscription

#### SIXTH GRADE

6 paper folder with brads and pockets in these colors: 2 blue, 1 yellow, 1 orange, 1 green, 1 red 2 1-inch 3 ring binders protractor colored pencils scissors ruler with inched and centimeters 1 pkg. of small different colored highlighters 3 pkgs. of 24 count #2 pencils 2 pkgs. of pencil top erasers 3 boxes of Kleenex 2 glue sticks 1 Elmer's glue

#### ART 1 CLASS

2 pkgs of watercolors (make sure they have white and black in each set).

No. 2 Pencils Wooden ruller with a metal strip on side





## School Costs Adding Up?

New clothes, tuition fees, school supplies, after-school activities...

A new school year spells out a lot of new expenses. Instead of breaking your budget, pay for these purchases over time with a low-interest personal loan. We offer fast approval!

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### **CLARENDON NOTES:**

### **BRONCOS TO ISSUE EQUIPMENT**

Athletic director Gary Jack has announced that Saturday, August 3 will be the day that equipment will be issued to those who will be playing Bronco football for the 2013-2014 season. The hand out will begin at 10:00 a.m. for High School. Jack noted that football pictures will be taken August 10 at 10:00 am.

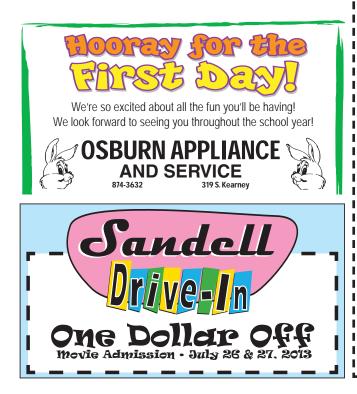
### **BRONCO SEASON TICKETS**

Clarendon CISD will begin selling reserved seating/season tickets to the public at 8:30 a.m. on Monday, August 12, 2013. Reserved seating/season tickets can only be purchased at the Administration Building, 416 South Allen Street. The cost of each football reserved seating/season ticket is \$30. This price allows admission into five regular season home games and reserves your seat in the prime viewing location.

### LITTLE MISS CHEERLEADERS

Little Miss Cheerleader will be held on Saturday, August 24, from 10:00 a.m. to 3:00 p.m. with a parent performance at 3:00 p.m. The camp will be the weekend before school starts. This is different from last year, due to homecoming being the second week of school! The girls will cheer in the pep rally on Friday, September 6, and at the game that night.

Little Miss Cheerleaders is for girls in Kindergarten through sixth grade, and the cost is \$40 per girl. For more information about this program, contact Teri Luna by email at Luna.Terri@clarendonisd.net.



### CLARENDON BRONCOS FOOTBALL 2013

Aug. 16	Bovina-(scr)	5:00	AWAY
Aug. 22	White Deer-(scr)	5:00	HOME
Aug. 30	Tulia	7:30	AWAY
Sept. 6	VEGA***	7:30	HOME
Sept. 13	Wheeler	7:30	HOME
Sept. 20	Gruver	7:30	AWAY
Sept. 27	Booker	7:30	HOME
Oct. 4	OPEN		
Oct. 11	West Texas*	7:00	AWAY
Oct. 18	Panhandle*	7:00	HOME
Oct. 25	Stratford*	7:00	AWAY
Nov. 1	Sunray*	7:00	AWAY
Nov. 8	Memphis*	7:00	AWAY
*District	***Homecoming		

### **CLARENDON JV & JR. HIGH FOOTBALL 2013**

Aug. 29	Tulia	JV	5:00	HOME	
Sept. 5	Vega	JV	5:00	AWAY	
Sept. 12	Wheeler	JH-JV	5:00	AWAY	
Sept. 19	Gruver	JH-JV	5:00	HOME	
Sept. 26	White Deer	7TH	5:00	AWAY	
Sept. 26	Booker	8TH	5:00	AWAY	
Oct. 3	OPEN				
Oct. 10	West Texas	JH-JV	5:00	HOME	
Oct. 17	Panhandle	JH-JV	5:00	AWAY	
Oct. 24	Stratford	JH-JV	5:00	HOME	
Oct. 31	Sunray	JH-JV	5:00	HOME	
Nov. 7	Memphis	JH-JV	5:00	AWAY	

#### **CLARENDON CROSS COUNTRY 2013**

Aug. 31	Borger	HS/JH	
Sept. 7	Plainview	HS/JH	
Sept. 14	Amarillo ISD	HS	
Sept. 21	OPEN		
Sept. 28	Amarillo (Tascosa)	HS/JH	
Oct. 5	Canyon	HS/JH	
Oct. 12	Spearman	HS/JH	
Oct.	District Meet - Amarillo	TBA	
Nov. 2	Regional Meet - Lubbock	HS	
Nov. 9	State Meet - Round Rock	HS	

### **HEDLEY OWLS FOOTBALL 2013**

Aug. 16	Lefors-(scr)	Away	5:00								
Aug. 23	Ft. Elliott/Wt Deer-(sc	r)Home	6:00								
Aug. 30	Higgins	Away	7:30								
Sept. 6	Lefors	Home	7:30								
Sept. 13	McLean	Home	7:30								
Sept. 20	Hart	Away	7:30								
Sept. 27	Lazbuddie***	Home	7:30								
Oct. 4	White Deer	Away	7:30								
Oct. 11	Kress	Away	7:30								
Oct. 18	OPEN										
Oct. 25	Motley County*	Away	7:30								
Nov. 1	Groom*	Away	7:00								
Nov. 8	Silverton* ***Homecoming	Away	7:30								
HEDI EV IR HIGH FOOTRALL 2013											

### HEDLEY JR HIGH FOOTBALL 2013

Sept. 5	OPEN	Annual Hed	ley Chicken [	Dinner
Sept. 12	McLean		Away	5:00
Sept. 19	Hart		Away	5:00
Sept. 26	Lazbuddie		Away	5:30
Oct. 3	White Deer		Home	5:30
Oct. 10	Kress		Home	5:30
Oct. 17	St. Andrews	S	Away	5:30
Oct. 24	Motley Cou	nty	Home	5:30
Oct. 31	Groom		Home	5:30
Nov. 7	Silverton		Away	5:30



874-2000 | E. Hwy. 287

### SPORTSMANSHIP AN IMPORTANT LESSON FOR YOUNG ATHLETES

Children who play sports often walk away with important lessons in teamwork and sportsmanship. Sportsmanship can be defined as playing fair, following the rules of the game, respecting the rulings of referees, and treating opponents with respect. During the heat of competition, it can be challenging to be a good sport, particularly when the goal is to win. However, sportsmanship is something that should be a priority for players, parents and coaches. Here are some of the ways to be fine sportsmen.

\* Abide by the rules of the game. Rules are there for a reason, to promote fairness and to keep play organized and in check. Many sports are a team effort, and the team cannot work effectively if players have their own agendas.

\* Practice anger management. Anger can take over when an official makes a questionable call or a teammate makes an error. But arguing with officials or teammates can get in the way of camaraderie and good performance.

L

\* Be a team player. Players have different skill levels and abilities. There will always be the players that excel and those who may not be the MVP. Players should not "hog" the ball or make attempts to exclude others from the game. Enabling everyone to have their chance to shine is a good way to be a good teammate and friend.

\* Offer words of encouragement. Even the star player can have a bad game once in awhile. A true sportsman will not tease others when they are down. Teammates should always be encouraging of one another.

\* React well to a loss. There will be winners and losers in competition. Bursting into tears or jeering at the winning team reflects badly on you and your teammates. It may not feel good to lose, but be able to share in the joy of the other team and congratulate them on their success. Use a loss as a learning experience that shows you what you and your teammates need to work on going forward.



### **ESTABLISH A POSITIVE HOMEWORK ENVIRONMENT**



Many students need a quiet environment that's free of noise and distractions to perform their best on homework assignments. Though it might not be something students look forward to, homework is an essential element of the learning process. Homework allows kids to apply the lessons they learned in the classroom while giving educators a chance to determine if students are grasping the concepts discussed in class or if certain lessons need to be revisited.

Students often seek their parents' help when doing their homework, but parents can start helping even before their children bring any assignments home. Creating a homework environment where kids can concentrate and put forth their best effort is a great way to help them throughout the school year. The following are a few tips for parents who want to ensure that home is as conducive a place as possible for students to do their best on homework assignments.

\* Find a quiet space with little or no distractions. A quiet place in the home where kids can concentrate is essential when kids are doing homework. While a youngster's bedroom might have sufficed years ago, today's children tend to have bedrooms that mimic the showroom floor of an electronics store. If kids have televisions, video game consoles and stereos in their bedrooms, then that's likely not the best environment for them to do their homework. Kids can too easily grow distracted, so find a quiet area where kids can focus on their studies without being tempted by television, video games or other distractions not conducive to studying.

\* Designate a time each day when kids do their homework. Another way to make your home more amenable to homework is to designate a time each day when kids will study. Let other members of the household know that this is a quiet time in the house so kids aren't distracted. Once kids get comfortable in this routine they likely won't need much prodding to do their homework, and this designated quiet time in the household can be a relaxing time for other members of the household as well.

\* Have healthy snacks available. Few people do their best work on an empty stomach, so if kids will be doing their homework immediately after school, make sure you have some healthy snacks on hand. Elementary and high school students tend to eat lunch earlier than adults, so they're liable to be hungry when they arrive home from school in the mid- to late-afternoon. Have plenty of fresh fruit on hand so kids can satisfy their hunger. Less healthy snacks might satisfy youngster's hunger pangs, but such snacks may also make kids drowsy, negatively affecting their ability to concentrate and indirectly hindering their schoolwork as a result.

\* Let kids know their work will be checked nightly. Parents who want to create an environment where their children approach homework seriously should let their kids know their work will be checked each night, and they will need to redo any assignments that were not completed correctly. This prevents kids from rushing through assignments without giving their best efforts.

Few youngsters look forward to homework. While parents might not be able to change their kids' attitudes toward homework, they can change their home to make it as positive an environment for kids to pursue their studies as possible.



### Teaching Kids the ABCs of Savings

Learning how to manage money responsibly is an important part of growing up. It's easy to teach the basics with a savings account.

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Students are periodically tested to gauge their progress on a variety of subjects. Although testing can be an effective way to determine a student's understanding of a given subject, not every student performs well on tests. Test-taking comes easily for some but not

so for others. Nerves or trouble concentrating can foil the best students. However, there are ways for students to improve their test-taking skills.

#### PREPARATION

Most tests are given with prior notice, enabling students to prepare for them well in advance. Sometimes teachers and professors will surprise students with a guiz. These pop guizzes are used to judge how well students are absorbing the information and if they have been paying attention.

When in class, continually jot down notes and create an outline of important information. The teacher may provide hints about the upcoming test, including

IMPROVING TEST TAKING SKI emphasizing specific areas of focus or even revealing the format of the test. Contrary to what some students believe, teachers want their students to succeed. Therefore, your teacher may offer a review session the

day before or be open for questions prior to the test if further clarification is needed.

Studying with others can shed new light on a subject. Studying difficult subject matter with peers may help students grasp the materials better than they did in class. Classmates may have some tricks they've developed, including pneumonic devices for putting facts together.

#### THE DAY BEFORE AND THE DAY OF THE TEST

Prior to a test, make sure you eat and get enough rest. While it may be tempting to pull an "all-nighter," you will not perform well on the test if you are tired from having studied all night. Review the material and put the main ideas or formulas onto a sheet that can be quickly reviewed. Review it many times and then put it away. Have a good meal, relax and try to get at least eight hours of sleep.

On the day of the test, wake up and arrive on time or even a few minutes early for your class. This can help to calm your nerves and enable you to squeeze in some last-second studying.

#### THE TEST ITSELF

Make sure you have the supplies needed for the test. This may include pens or pencils, a calculator, a

textbook if you are allowed to reference, or any other supplies the teacher allows. Have a watch available so that you can pace yourself during the test. Avoid using a mobile phone during the test, as the teacher may misinterpret that as cheating.

Try to remain positive through the test. If you feel yourself getting nervous, take a few deep breaths and rearoup.

In addition to these tips, there are other ways to approach the test.

\* Do the easiest problems first. If you do not know a question, skip it and move on. There may be clues later on in the test that help you go back and answer skipped questions.

\* Always read the entire question. Skimming could find you missing important instructions.

Look for words that may help you determine the answer, such as "all,""never" or "none." They may present clues to the answer.

\* Pay attention to your work and only your work. Do not be distracted if others finish before you.

\* If there is time, go back and look over the test. Make sure that all the questions have been answered and check for any careless mistakes. Proofread any essays and short answer questions.

Preparing well for a test, remaining calm and checking over your work can help students who struggle with test-taking do their best.



#### 18 SCHOOL YEAR • JULY 25, 2013 • THE CLARENDON ENTERPRISE



Developing a strong relationship with a teacher can help parents ensure kids are doing their best in the classroom.

### **BUILD A STRONG PARENT-**TEACHER RELATIONSHIP

Once a school year begins, many students spend more time in the classroom with their teachers than they do at home with their parents. That's especially true in dual-income households where both parents work outside of the home.

Though many parents would love to spend more time with their children, doing so can be difficult when both parents must go to work every day. Because kids spend so much time with their teachers, it's important for parents to work toward building a strong parentteacher relationship. Such a relationship fosters communication, which can help

a young student do his or her best in and out of the classroom, something that's a goal for parents and teachers alike. Parents interested in developing a strong relationship with their kids' teachers can take several steps to make that happen.

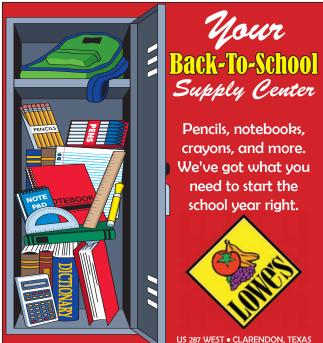
\* Meet your child's teacher at the beginning of the year. Teachers have many students come in and out of their classroom on any given day, so it can be hard for teachers to initiate a relationship with parents. Parents have significantly fewer children to look after, so they should take the first step toward building a relationship with teachers.



Introduce yourself at the onset of the school year, providing phone numbers and e-mail addresses where you can be reached. Let the teacher know you're available for discussion any time during the school year and that you look forward to the coming school year and working with the teacher as the year progresses.

\* Attend "Back to School Night." School events like an open house or a "Back to School Night" are a great way to help kids grow acclimated to their school. But such events also make great opportunities for parents to learn more about their kids' teachers than they might have learned during their introductory meeting. Such events may allow teachers to explain the curriculum for the upcoming year, and teachers may feel encouraged when parents show an active interest in such events.

\* Prioritize parent-teacher conferences. Parent-teacher conferences are a great opportunity for parents to speak to their children's teacher one-on-one. Unlike an introductory meeting or an open house at the beginning of the school year, a parent-teacher conference allows parents and teachers to specifically discuss students in private. Teachers



may provide insight into how a child is performing and behaving in the classroom, offering advice as to how to improve that performance or suggestions as to how to encourage kids to keep up the good work. Such conferences may be your only opportunity for a one-on-one, in-person discussion about your child, so make sure you're on time and that you don't miss these conferences. Your child's teacher will appreciate it, and you can use this as an opportunity to ask any guestions you have about your child.

\* Keep the channels of communication open. If it's been awhile since you've spoken to your child's teacher. don't be afraid to e-mail the teacher to check in or see if you can lend a helping hand. In addition, if your child really enjoys a teacher's class, don't be hesitant to share that with the teacher. Teachers appreciate compliments just like other professionals, and parents should express their gratitude to those teachers who are working hard to make learning fun for their youngsters.

Establishing a strong relationship with a child's teacher can help parents ensure students are making the most of their time in the classroom.

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- Always sit facing forward.
- Do what the bus driver tells you to do.
- Keep the bus clean.

SCHOOL BUS 🕥

- Don't stick anything out the window.
- Never walk behind the bus.
- Take five big steps in front of the bus when crossing, and look both ways before you cross.

### WELCOME BACK STUDENTS, AND HAVE A SAFE YEAR!

