

# big E classifieds

Call in your ad at  
**874-2259**

Deadline: Monday @ 5 p.m.  
Prepayment required.  
Visa / MasterCard accepted.



## MEETINGS

**Clarendon Lodge #700 AF&M**  
Stated meeting: Second Mondays, 7:30 p.m. Refreshments at 6:30 p.m. Practice: Fourth Mondays, 7 p.m. Chris Wilson - W.M., Russell Estlack - Secretary, 2 B I, ASK I

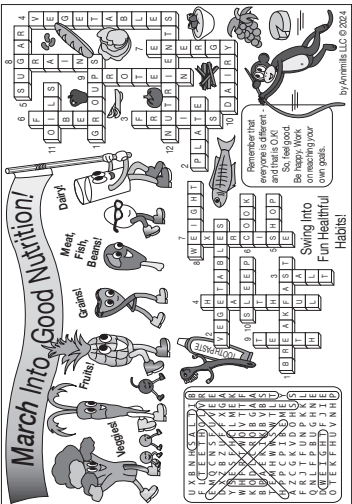
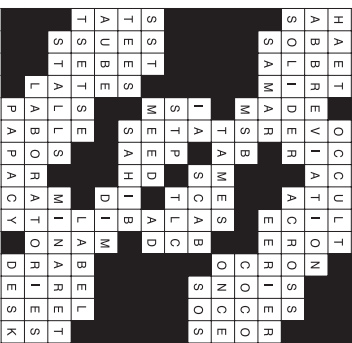
**Clarendon Lions Club** Regular meeting each Tuesday at noon. David Dockery, Boss Lion. Roger Estlack, Secretary

**Clarendon Alcoholics Anonymous Group** 806-661-1015, 806-671-9766, 806-205-1840, 24 hour hotline 877-421-4334. Mon. & Sat. 7 p.m. 416 S Kearney St.

**Clarendon Chamber of Commerce** Regular Board of Directors meeting third Tuesday each month at 6:00 p.m. at the Clarendon Visitor Center.

**FACILITIES AVAILABLE** - Family Reunions, Reception, Business Meetings, Club Functions, and more. Clarendon Lions Hall, 111 W. Fourth. Call 874-2259 for rental information.

## PUZZLE SOLUTION



## SERVICES

**CLARENDON ASSISTED LIVING** has a very nice private room with personal handicap accessible bathroom and walk-in closet. Furnished. Personal TV. All meals and laundry provided. Transportation to local appointments. Assistance Program for Widows of Veterans available. Medicaid Approved. State License #146016 Contact Suzie @ 806-570-5569



**PUBLISHER'S NOTICE:** All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or an intention, to make any such preference, limitation, or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women, and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD toll-free at 1-800-669-9777. The toll-free telephone number of the hearing impaired is 1-800-927-9275.

## PUBLIC NOTICE

**BID PROPOSAL FOR DONLEY COUNTY HOSPITAL DISTRICT DEPOSITORY**  
Donley County Hospital District is seeking to contract with a bank to serve as depository for the funds of the district. To be considered, proposals must be received in the office of the Administrator, Donley County Hospital District, later than 5:00 p.m., on April 15, 2024. THE DISTRICT RESERVES THE RIGHT TO REJECT ANY AND ALL BIDS. The contract will be awarded to proposal that is determined to be most advantageous to the district. Information can be obtained by emailing dchdems@gmail.com and requesting depository bid requirements. Donley County Hospital District Box 1240 Clarendon, Texas 79226 dchdems@gmail.com 806-874-2233 (fax) 806-874-2235

## GARAGE SALE

**YARD SALE** Saturday, April 6, 8:00 a.m. 6th & Kearney. Treadmill, furniture, and collectibles. Lots of miscellaneous.

## ANNOUNCEMENTS

**Saints' Roost Museum**  
610 East Harrington  
**Tuesday - Saturday**  
**10 a.m. to 5 p.m.**  
Open for appointments.  
Call 874-2746.

Subscribe Today. Call 874-2259.

## SERVICES



### Where's Your Card?

Let us get you started with professional design and printing solutions for all of your marketing and promotional needs!

**500 Full-Color Business Cards Only \$54.60 + tax**

Business Cards  
Flyers • Brochures  
Envelopes • Stationery  
Postcards • Posters  
Promotional Items

**Call Today!**  
**806-874-2259**

**The Clarendon Enterprise**

## REAL ESTATE




**Lewis Whitaker, Broker**  
**Lee Whitaker, Broker**

Office 806.356.6100 4600 I-40 West Suite 101  
Fax 806.356.6517 Amarillo, Texas 79106

www.whitakerrealestate.com

BBB ACCREDITED BUSINESS REALTOR

## SERVICES



**TexSCAN Week of Mar. 31-April 6, 2024**

**ACREAGE**  
Affordable Owner Financed Land. We have some of the best in Texas. Hill Country, South Texas, West Texas. 800-876-9720, texasranchland.com.

**AUCTIONS**  
Two Operating Assisted Living Facilities. Bid deadline Apr. 30. High upside potential. 2601 Tandy Ave. Fort Worth, TX - Turnkey & licensed for 160 beds. 4607 E. California Pkwy., Forest Hill, TX - Fully staffed with licensed capacity of 80 beds. 855-755-2300, HicoRealEstateSales.com.

**CHARITY**  
Donate your car, truck, boat, RV and more to support our veterans! Schedule a FAST, FREE vehicle pickup and receive a top tax deduction! Call Veteran Car Donations at 1-855-808-4152 today!

**ENERGY**  
Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-855-704-8579 today to schedule a free quote. It's not just a generator. It's a power move.

**GUN SHOW**  
WORLD'S LARGEST GUN SHOW - April 6&7 - Tulsa, OK Fairgrounds. Saturday 8-6, Sunday 8-4. Wanenmacher's Tulsa Arms Show. Free appraisals. Bring your guns! www.TulsaArmsShow.com.

**HOME IMPROVEMENT**  
Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, we're cutting installation costs in half and offering a FREE safety upgrade! (Additional terms apply. Subject to change and vary by dealer. Offer ends 3/31/24. Call 855-965-0841.

**LEGAL ASSISTANCE**  
Wesley Financial Group, LLC - Timeshare Cancellation Experts. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 855-501-6864.

**OIL & GAS RIGHTS**  
We buy oil, gas & mineral rights. Both non-producing and producing including Non-Participating Royalty Interest (NPRI). Provide us your desired price for an offer evaluation. Call today: 806-620-1422. Lobo Minerals, LLC, PO Box 1800, Lubbock, TX 79408-1800, LoboMineralsLLC@gmail.com.

**VACATIONS**  
Alaska, Europe, Hawaii plus dozens of other popular trips! Starting at \$1649 per person (double occupancy req'd.) YMT Vacations plans everything, leaving you to relax and enjoy. Call 1-888-848-0599 for more details. Use promo code YMT2024 for \$250 off. Limited time only.

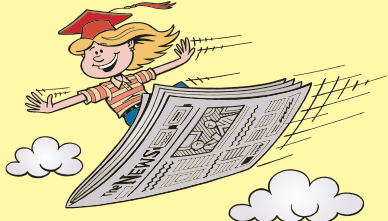
**WATER DAMAGE**  
WATER DAMAGE CLEANUP: A small amount of water can lead to major damage to your home. Our trusted professionals dry out ythe wet area and do repairs to protect your family and your home's value! If you have water in your home that needs to be dried, call 24/7: 1-877-727-3027. Have zip code of service location ready when you call!

**WANTED**  
Need Extra Cash - 1 Buy RVs & Mobile Homes - Travel Trailers, 5th Wheels, Gooseccks, Bumper Pulls. In Any Area, Any Condition - Old/New, Dirty or Clean! I PAY CASH. No Title - No Problem, we can apply for one. We go anywhere in Texas. ANR Enterprises, 956-466-7001.

**Texas Press Statewide Classified Network**  
221 Participating Texas Newspapers • Regional Ads Start At \$250 • Email ads@texaspress.com

NOTICE: While most advertisers are reputable, we cannot guarantee products or services advertised. We urge readers to use caution and when in doubt, contact the Texas Attorney General at 800-621-0508 or the Federal Trade Commission at 877-FTC-HELP. The FTC web site is www.ftc.gov/bizop.

THIS FUN PAGE IS SPONSORED BY OUR NEWSPAPERS IN EDUCATION PARTNER:



We eat fresh foods every day...



...and keep active for 60 minutes, too!



Kids: color stuff in!



## Newspaper Fun!

www.readingclubfun.com

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### March Into Good Nutrition!



**Read the clues to fill in the crossword:**

- the food \_\_\_\_\_ help us to choose different kinds of foods every day: vegetable and fruit, grain, meat and bean, dairy
- "My \_\_\_\_\_" is a tool to help you see at a glance what and how much you are eating of each food group at a meal
- \_\_\_\_\_ and vegetables are loaded with vitamins A and C for good skin, eyes and healing
- the largest area of "MyPlate" is for \_\_\_\_\_: carrots, lettuce, squash, asparagus, tomatoes, green beans, broccoli, peas, cauliflower, celery...
- fruits have lots of vitamins, but may have a lot of \_\_\_\_\_ too
- it's better to eat fruits than to drink their juice: when you eat an apple instead of drinking its juice, you get \_\_\_\_\_ too
- foods in the grains group have carbohydrates that give you \_\_\_\_\_
- whole \_\_\_\_\_ have more fiber, so try whole wheat noodles or pizza crust
- \_\_\_\_\_ to build muscles comes from meat, fish, beans and nuts
- foods in the milk or \_\_\_\_\_ group have calcium to build strong bones and teeth
- some fat is needed for your body and brain to run well; choose \_\_\_\_\_ over fats that are solid
- eat foods of all colors from all the different food groups and you will get lots of \_\_\_\_\_ for good health

**Fun Dinner Idea Yum!**  
Whole wheat spaghetti or spaghetti squash with turkey meatballs and chunky tomato sauce.

**March** into good nutrition any time! It's easy to learn about the food groups and how you can choose fresh foods to get vitamins, minerals and other nutrients your body needs to grow and be healthy.

**Give peas a chance...** then find and circle at least 10 words that have a long "e" sound as in the word 'peas.'

**I'm baaaaack...and I'm** showing people that the area for 'vegetables' is the largest!

**MyPlate**

• Plate based on USDA source.

**vegetables** 8 **fiber** 4  
**sugar** 6 5 **fruits**  
11 **grains**  
**oils** 9 **Plate**  
1 **nutrients** 3 **dairy** 7  
12 **groups** 2 10 **energy**  
**protein**